

****Welcome to the School Counselor's Corner!****

Dear Students, Parents, and Teachers,

We are thrilled to have you visit the School Counselor's section of our website. Here, we the team from NIRAI VAGAM (DON BOSCO INSTITUTE OF PSYCHOLOGICAL SERVICES) in collaboration with the SCHOOL aims to provide you with valuable support and guidance to help you navigate the various aspects of academic, social, and emotional well-being throughout your educational journey.

Mental Health Theme - 2023
"Mental health is a universal human right"
Everyone deserves to be happy!

For Students!

We understand that school life can sometimes be challenging, and we want you to know that you are not alone. Our counselling team is here to listen, support, and encourage you in achieving your goals. Whether you're facing academic stress, peer pressure, or personal concerns, remember that reaching out for help is a sign of strength. We offer confidential counselling sessions, workshops, and interactive activities to help you develop essential life skills and build resilience.

For Parents!

Your involvement in your child's education is invaluable. We understand that parenting comes with its own set of joys and challenges. As a school, we are committed to partnering with you to create a nurturing and enriching environment for your child. Please don't hesitate to contact us if you have any concerns, questions, or suggestions. Together, we can ensure your child's success and well-being.

For Teachers!

We value the dedication and hard work you put into shaping the future of our students. As the counselling team, we collaborate with educators to create a positive and inclusive learning environment. As a school counsellor, I am here to support you as well. If you need assistance with addressing student needs, fostering positive classroom environments, or enhancing your own well-being, please don't hesitate to reach out. Together, we can create a supportive ecosystem for both students and teachers.

Confidentiality!

Please be assured that all conversations with our counselling team are strictly confidential, adhering to professional ethical guidelines. We prioritise creating a safe and non-judgmental space for everyone to express themselves freely.

Get in Touch!

If you have any questions, concerns, or would like to schedule an appointment, please feel free to contact us through the provided contact information. We are here to assist you in any way we can.

Remember, seeking support is a sign of strength, and we are here to empower you every step of the way. Together, we can overcome challenges and celebrate successes.

"The secret of getting ahead is getting started." - Mark Twain

Best regards,
Counselling Team
Contact Information: donboscocounselor@gmail.com